

ADRC OF WASHINGTON COUNTY CHILDREN'S BOOK SELECTIONS AND INVENTORY

***Book descriptions from Amazon Books**

Allie Learns About Alzheimer's Disease (Kim Gosselin)

This story is about how Allie and her family learn to cope and adjust to everyday life when her grandmother is diagnosed with Alzheimer's disease.

Always My Grandpa (Dr. Linda Scacco)

Daniel and his mom spend every summer with his Grandpa at a cottage by the sea. Daniel loves these summer visits: playing baseball, walking on the beach, watching the sunset, and hearing Grandpa's stories of his fishing boat. As the summer passes, Grandpa begins to change. Daniel learns that since Grandpa has Alzheimer's disease, he will have trouble remembering all the things that belong to him - his clothes, his words, his memories - and eventually, his own grandson.

Daddy's Story (Multiple Sclerosis Association of America)

This book is geared for children ages three to seven. It is intended as a tool for parents with multiple sclerosis to begin the conversation about the diagnosis and ongoing implications of MS.

Flowers for Grandpa Dan (Connie McIntyre)

As Alzheimer's disease gradually changes Grandpa Dan, Grandson Danny learns there is one important thing that never changes. This beautifully illustrated picture book follow one family through the complete progression of Alzheimer's disease, creating numerous opportunities for children to talk about their own feelings and experiences dealing with a loved one who has the disease.

Grandpa's Music (Alison Acheson)

Grandpa takes care of the garden, kneads bread, and makes music on the piano. Everyone in Callie's family helps out around the house, now that Grandpa, who has Alzheimer's, lives with them. The family becomes Grandpa's "home team," and Callie loves spending time with them. As months go by, Grandpa forgets more and more, and he can't do as much as he could before. But he can still make music - his fingers remember the notes on the piano. And when he can't recall the words to a favorite old song, Callie helps him come up with new things that they can sing together.

The Helping Place (Marsha Kibbey)

A little girl's experiences when her grandmother spends some time in a nursing home help her to have a better feeling about those helping places.

Mommy's Story (Multiple Sclerosis Association of America)

This book is geared for children ages three to seven. It is intended as a tool for parents with multiple sclerosis to begin the conversation about the diagnosis and ongoing implications of MS.

Nice to Meet You... Again (Suzanne Bottum-Jones, RN)

"No! No!" shouted Ollie, "I don't want to go in there! That's not my grandpa; he doesn't even know who I am anymore." So begins the beautiful journey of a little boy who transitions from being scared and frustrated that his grandpa, and best friend, does not know him anymore, to a boy who learns what HE can do to reconnect with his grandpa who is living with dementia.

Remember Me? / Te acuerdas de mi (Sue Glass)

A young girl's grandfather can't remember her anymore. This story is told through the eyes of a child to help children understand the emotions of this affliction. Full story told in English and Spanish.

Singing with Momma Lou (Linda Jacobs Altman)

Nine-year-old Tamika Jordan dreads visiting her grandmother at the nursing home. Momma Lou has Alzheimer's and always forgets who Tamika is. After her father shows her Momma Lou's scrapbooks, Tamika comes up with an idea to job Momma Lou's memory. Tamika is successful in reaching her grandmother one day when Momma Lou recognizes a newspaper clipping of a Civil Rights demonstration and leads everyone in a celebration of song.

Still My Grandma (Veronique Van den Abeele)

Camille and her grandma have a special friendship. They have sleepovers, bake chocolate cupcakes together, go out shopping, and giggle at old photographs. But one day Grandma forgets Camille's name. Then she can't remember where to put her shoes. Camille learns that her grandma is sick, "but not the kind where you cough and blow your nose." Grandma has Alzheimer's disease, which is what makes her do strange things. And even though Grandma has to move out of her house and rely on nurses to care for her, Camille finds a way to continue their special traditions.

Striped Shirts and Flowered Pants (Barbara Schnurbush)

Libby and Nana love to read stories and color pictures together. They plant the garden in spring and feed the songbirds. But Libby notices that Nana is forgetting the words in books. She's mixing up the names of birds. She's wearing clothes that don't match. What's going on? When Libby's parents tell her about Alzheimer's disease, she begins to understand what is happening to Nana. And with their reassurance and help, she finds ways to be with Nana and still do the things they love.

What's Happening to Grandpa? (Maria Shriver)

Kate has always adored her grandpa's storytelling, but lately he's been repeating the same stories again and again. One day, he even forgets Kate's name. Her mother's patient explanations open Kate's eyes to what so many of the elderly must confront: Alzheimer's disease and other forms of memory loss. Determined to support her grandfather, Kate explores ways to help him--and herself--cope by creating a photo album of their times together, memories that will remain in their hearts forever.

Wilfred Gordon McDonald Partridge (Mem Fox)

A small boy tries to discover the meaning of "memory" so he can restore that of an elderly friend.

Wordsworth Dances the Waltz (Frances H Kakugawa)

Wordsworth, the little Hawaiian mouse who loves poetry, doesn't understand why there is so much whispering around the house since Grandma came to live with the family. He remembers her last visit, when the house was filled with laughter, and he and Grandma danced around the room together. But now, Wordsworth and his siblings have to walk softly and be quiet so they don't disturb Grandma. In this book, children are introduced to the concept that as grandparents age, they may become different, and even forget important things.